

# Infants & Toddlers

## Make Reading Come Alive!

It is never too early to start reading to your baby. Your baby will love the sound of your voice and your attention. Reading exposes them to sounds and language that will help them learn.

Stick to simple books/stories/nursery rhymes with things that interest your child.

Cuddle with your baby in a comfy place with a favorite blanket when reading.

Start with board or cloth books with colorful pictures of babies and objects. It is normal for the baby to chew on the book.

Let your infant or toddler hold the book and turn the pages if they want. (They will skip pages and that is okay).

Point out things in the pictures, name them and ask the child to point to item. "See the red bird. Can you point to the red bird?"

If your child is old enough, ask them to repeat what you say. "Bird. Can you say bird?"

Read the same books over and over. Young children love repetition and it helps them learn sounds.

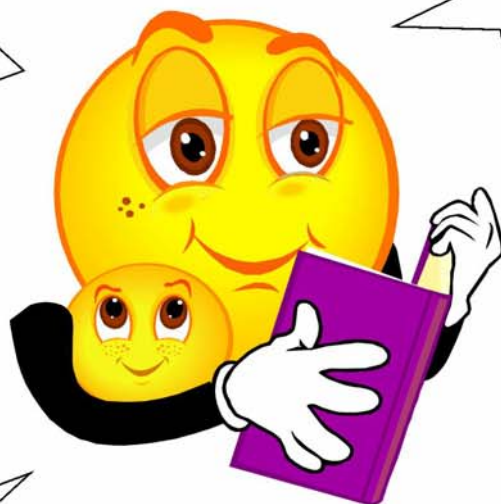
### Try the **CAR** method of reading

**Comment** and *wait* for infant to respond – "See the doggie"

**Ask questions** and *wait* for infant to respond – "What is the doggie doing?"

**Respond** by adding a little more – "Yes, the doggie is eating"

**Be expressive, exaggerate sounds and use a sing-song voice.** This keeps your baby's attention longer and provides clear examples of sounds.



For more information on reading to your child, contact :



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